



The Sunrise-Sunset Group of Alcoholics Anonymous

**SEPTEMBER
2022**

www.SunriseSunsetGroup.org

Thursday Speakers

- 1st **Jay C.** (online)
- 8th **Steve S.** (online)
- 15th **Seamus K.** (online)
- 22nd **Nancy S.** (online)
- 29th **Robin** (Aust.) (online)

Saturday Speakers

- 3rd **Diane L.** (hybrid)
Steps 8 & 9
- 10th **Barry K.** (hybrid)
Steps 8 & 9
- 17th **Linda L.** (hybrid)
Steps 10 & 11
- 24th **James E.** (hybrid)
Steps 10 & 11

Tuesday Leaders

- 6th **Thomas** (online)
"To Employers"
- 13th **Kristina O'** (online)
"A Vision for You"
- 20th **Aaron G.** (online)
"A Vision for You"
- 27th **Mikey L.** (online)
"A Vision for You"

* For more information visit our website at SunriseSunsetGroup.org

THE SUNSET GROUP
Thursday 7:00-8:00pm



THE SUNSET GROUP BIG BOOK STUDY
Tuesday 7:00-8:00pm

THE SUNRISE GROUP BIG BOOK STEP STUDY
Saturday 8:15-9:30am

St. Matthews Lutheran Church – Sanctuary Room
11031 Camarillo St.
North Hollywood, CA 91602

Seventh Tradition

Visit website Events page for PayPal links.
Venmo with @SunriseSunset or scan below.
(please denote Tuesday, Thursday, or Saturday when giving)



Zoom Meetings Information

(Zoom access available 5 minutes before start of each meeting)

Meeting ID: 862 2597 2363
Password: 862020

"Our common welfare should come first... "

(per Alcoholics Anonymous Tradition One)

We encourage you to join the interesting and insightful speakers, with voluntary member sharing and questions, at our Tuesday and Thursday evening Zoom only meetings, both at 7pm. Zoom meeting access information is detailed above.

In the interest of continuing our live/Zoom hybrid format on Saturday mornings it has been decided that going forward, and until deemed necessary, the live portion of the meeting will be subject to the following guidelines:

- **Masks are optional but recommended indoors (covering mouth and nose)**
- **Observe social distancing while indoors - includes seating during the meeting**
- **We will be standing in a group for the "Lord's Prayer" (joining hands optional)**

We would very much like to see all our Alcoholics Anonymous members, and those struggling, in person but if you are not comfortable with these guidelines we certainly understand. We encourage you to join us on Zoom until we can all come back together safely.

We appreciate your understanding as we strive to bring you the safest in-person meeting possible.

UPDATE: In alignment with societal norms and local guidelines, masks are recommended and optional. We are again serving coffee and refreshments. We thank everyone involved for their understanding.

UPDATE: Per a recent Steering Committee meeting, we strongly encourage anyone addressing the group and/or sharing at our Saturday Sunrise hybrid meeting, to speak near the provided microphone so our Zoom attendees may hear . *Thank you*

HEARD AT A MEETING

"MY SPONSOR TOLD ME NOT TO PICK UP THE FIRST THINK."

—LUKE A. Tappist Ny, March 2016

THE BREATHALYZER

When I first came around, I told my sponsor that I drank vodka because you couldn't smell it on my breath, and that I ate mints just in case.

My sponsor asked me if I knew what vodka and breath mints smelled like. I said, "No, what?" He said, "vodka and breath mints."

—HENK, Lowell, Mass., April 2015



"Sure I ate my sponsor, but did I drink over it?...Noooo!"

The San Fernando Valley Central Office is at 16132 Sherman Way, Van Nuys CA 91406, 818-988-3001 (sfvaa.org).
The Sunrise-Sunset Group and meetings are in District 17 (www.district17aa.org) of Area 93, Central California (www.area93.org).

If you would like to contribute to this newsletter please contact the editor at SunriseSunsetGroup@gmail.com